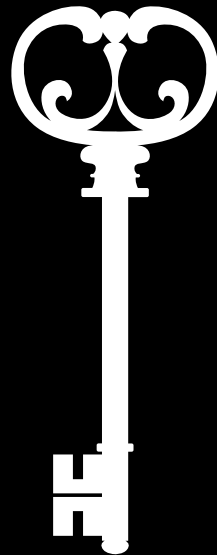




BRINGING OUT THE POTENTIAL IN PEOPLE

INSIDE OUT



*Leading change, leading others, starts with
leading self first*

Power People Perspective

WHY?

Our Internal Operating System (IOS) consists of beliefs, thinking patterns and assumptions that drive our emotions and behaviour every moment of every day. Mostly it runs on auto-pilot and we don't even think about it – we don't see these beliefs, assumptions and thinking patterns, we see through them, like a pair of binoculars – they are the lens through which we see and experience our world. We are subject to them every moment of every day until we become aware of them. Only through awareness can we upgrade our IOS.

*Self-awareness amongst leaders correlates directly with organisational performance**

Updating our IOS gives us an expanded self-awareness. Without this self-awareness our knowledge and skills are limited. It's the difference that makes the difference. It strengthens your capability to make better decisions, influence with impact, create stronger relationships and leverage conflict as an opportunity for change.

The limiting factor for organisations and leaders these days is not skills and knowledge – it's how they're using their IOS to make sense of their world.

*Most leaders, 75% in fact, are trying to make sense of their world through an outdated operating system – reactive mind, which is not mature enough to lead today's pace of change***

The limiting factor for organisations and leaders these days is not skills and knowledge – it's how they're using their IOS to make sense of their world.

To be agile and competitive in today's pace of change leaders need to upgrade their IOS to pro-active mind.

Leading from pro-active mind requires awareness of our current way of operating. When we understand our current IOS we can begin to see what we want to keep, stop and start.

*Most people believe they are self-aware, yet research reveals only 10% - 15% of individuals are truly self-aware****



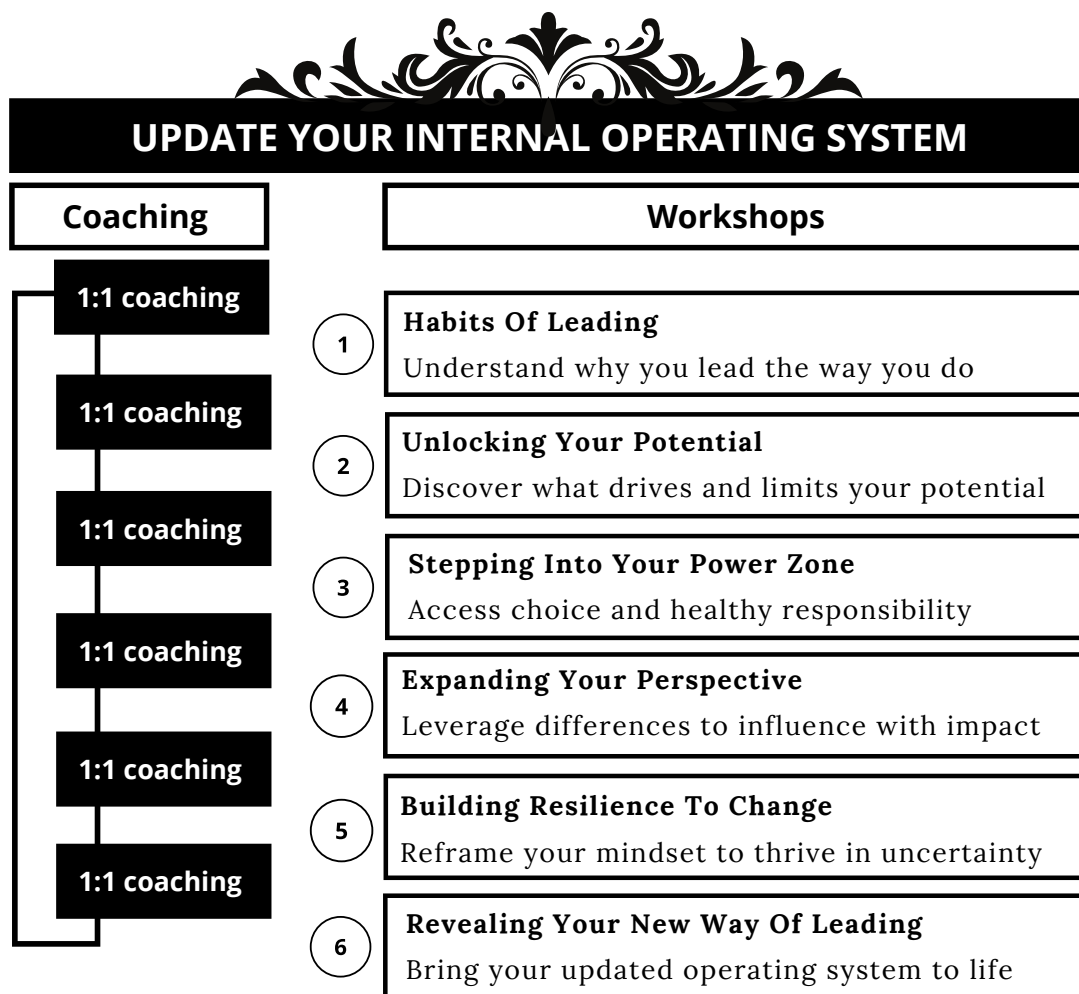
WHAT YOU WILL GAIN

Inside Out is a professional development program designed for people to lead by example. By learning to lead from the inside-out, individuals expand their self-awareness and potential to lead themselves, others and context.

Outcomes:

- Understand what drives and limits your potential
- Where you are now and what you need to keep, stop and start
- Clarify your roadmap for sustainable change
- Own your personal powers to expand your choices
- Access the 5 perspectives framework to influence with impact
- Strengthen relationships and manage conflict positively
- Building a confident and resilient mindset in uncertainty

PROGRAM OUTLINE



- 6 x 3.5 hour workshops (flexible delivery)
- 6 x 1:1 60-minute coaching sessions delivered between modules
- Online learning practices and resources
- Comprehensive 42-page professional development profile
- Workbook and personal journal
- Facilitated by professionally accredited developmental coaches and facilitators
- Proven evidence-based adult development frameworks

HOW WE'LL WORK TOGETHER

'Update Your Internal Operating System' is an intensive professional development program consisting of 1:1 coaching and comprehensive workshops (flexible delivery).

We've invested many years in our own development and taken the best of our experience leading, coaching and mentoring individuals and teams through change. We've condensed this into a 6-step framework. Our experience is that these 6-steps will bring out the potential in you.

You'll gain a toolkit of resources to help you navigate and integrate the changes required for you to thrive in today's fast pace world.

The one thing that delivers successful results is you being accountable and commitment to create the change you want. Creating new choices and change can feel overwhelming, especially when you're unsure of the next step. We work closely with you and provide 1:1 coaching so you can get the outcomes you need.



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